

## PARENT/TEACHER OBSERVATION CHECKLIST FOR VISION REFERRAL

### PHYSICAL SIGNS

<input type="checkbox"/> Closing or blocking one eye when reading <input type="checkbox"/> Tilted or turned head (head doesn't look straight)	<input type="checkbox"/> Eye turning in or out at any time (eyes don't look straight)	<input type="checkbox"/> Squinting <input type="checkbox"/> Frequent rubbing <input type="checkbox"/> Excessive blinking <input type="checkbox"/> Red eyes
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### STUDENT COMPLAINT/SYMPTOMS

<input type="checkbox"/> Headache <input type="checkbox"/> Pain around eyes	<input type="checkbox"/> Blurred vision <input type="checkbox"/> Double vision <input type="checkbox"/> Things look different when one eye is covered	<input type="checkbox"/> Words move around <input type="checkbox"/> Nausea/dizziness after reading
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### PERFORMANCE SIGNS

<b>Reading</b> <input type="checkbox"/> Fatigues easily <input type="checkbox"/> Frequently loses place <input type="checkbox"/> Omits/inserts/rereads words <input type="checkbox"/> Uses fingers to keep place <input type="checkbox"/> Poor comprehension <input type="checkbox"/> Holds face close to book	<b>Writing</b> <input type="checkbox"/> Difficulty staying on line <input type="checkbox"/> Poor spacing of letters/word  <b>Math</b> <input type="checkbox"/> Misaligns # columns	<b>General</b> <input type="checkbox"/> Short attention span <input type="checkbox"/> Avoids close work <input type="checkbox"/> Difficulty copying from board <input type="checkbox"/> Clumsiness <input type="checkbox"/> Trouble judging depth such as when catching a ball <input type="checkbox"/> Developmental delay
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Consider an eye exam if:

Any PHYSICAL SIGNS or STUDENT COMPLAINTS/SYMPTOMS  
 OR 3 or more PERFORMANCE SIGNS

A checklist can never take the place of a professional exam. Every child should have either a dilated examination by an eye care provider, or a thorough vision screening by a pediatric health care provider before starting school.